



## COVID-19 FIGURE SKATING GUIDELINES

The Albany County Hockey Facility (ACHF) will open 10 minutes prior to the scheduled on ice time. Anyone arriving earlier than 10 minutes before their start time MUST wait outside of the ACHF and be socially distanced from others (6 feet apart).

Skaters or instructors with any risk factors or illnesses should not participate in any on-ice activity. Any skaters or instructors exhibiting symptoms or signs of an illness should not be in the ACHF at any point.

Families MUST provide coach/instructor with accurate contact information in the event of emergency while the skater is at the ACHF. This information MUST be accurate and the responsible party MUST be able to reach the designated person if the need arises.

Skaters should be bringing their own rehydration liquids to the ACHF in clearly marked or labeled containers with the player's identity. The container should be re-sealable. Skaters should NOT plan on refilling their containers at the ACHF.

All skaters and staff MUST wear a mask when entering and exiting the ACHF...NO EXCEPTIONS.

Coaches MUST wear a face mask at all times, including on the ice.

All skaters MUST enter the ACHF completely dressed - minus skates.

Skaters will be assigned a seating row where they will put their skates on prior to going on the ice. Locker rooms and showers will be locked.

Whenever possible, skaters should use the restroom at home prior to leaving for the ACHF in an effort to limit bathroom use at the ACHF.

No off ice interaction (socializing, team meetings, dryland activities, etc.) should occur prior to or following the conclusion of practice.

Skaters MUST remove skates and put their masks on and leave the ACHF within 10 minutes of the end of their session.

Parents/Guardians must be made aware of the time when the skaters will be done. The parents or person assigned to pick up skaters at the ACHF must be punctual. Skaters should not have to wait for a ride.

Instructors or other responsible adults should remain until all skaters are safe and removed from the ACHF.

Skaters and instructors MUST complete a COVID-19 Figure Skating Form before they enter the ACHF every time they skate.

Parents/Guardians will NOT be allowed in the ACHF.



## COVID-19 FIGURE SKATING FORM

### Skater & Staff Health Screening:

Please have this form completed prior to your arrival to the Albany County Hockey Facility

Have you had any of these symptoms in the last 48 hours?

- Cough - **YES / NO**
- Shortness of breath or difficulty breathing - **YES / NO**
- Fever - **YES / NO**
- Chills - **YES / NO**
- Repeated shaking with chills - **YES / NO**
- Muscle pain - **YES / NO**
- Headache - **YES / NO**
- Sore throat - **YES / NO**
- New loss of taste or smell - **YES / NO**
- Have you been in contact with someone who has tested positive for COVID-19 in the last 14 days? **YES / NO**
- Have you travelled to any state(s) on the New York State Restricted List in the last 14 days? **YES / NO**

If the answer is YES to any of these questions, please DO NOT ENTER!

If you answer NO to all questions, you will have your temperature taken with a no-touch thermometer.

If you have a temperature greater than 99.9, you will not be allowed to enter the facility.

Anyone entering a County building MUST have a face covering on. If you do not have one, please notify security or your supervisor.

Name:	Cell Phone:		
Parent/Guardian:	Cell Phone:		
Skating Instructor:			
Street:	City:	State:	Zip:
Group Skating With:	On Ice Time:	Date:	



# ALBANY COUNTY

# FREESTYLE

# FIGURE SKATING

# MARCH 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 1:00 – 3:00 PM 5:00 – 7:00 PM	2 4:00 – 7:00 PM	3 1:00 – 3:00 PM 4:00 – 7:00 PM	4 5:00 – 7:00 PM	5 1:00 – 3:00 PM 4:00 – 7:00 PM	6
7 8:00 – 11:00 AM	8 1:00 – 3:00 PM 5:00 – 7:00 PM	9 5:00 – 7:00 PM	10 1:00 – 3:00 PM 5:00 – 7:00 PM	11 4:00 – 7:00 PM	12 1:00 – 3:00 PM 4:00 – 7:00 PM	13
14 8:00 – 11:00 AM	15 1:00 – 3:00 PM	16 4:00 – 7:00 PM	17 1:00 – 3:00 PM 4:00 – 7:00 PM	18 4:00 – 7:00 PM	19 1:00 – 3:00 PM 4:00 – 7:00 PM	20
21 8:00 – 11:00 AM	22 1:00 – 3:00 PM	23 4:00 – 7:00 PM	24 1:00 – 3:00 PM 4:00 – 7:00 PM	25 4:00 – 7:00 PM	26 1:00 – 3:00 PM 4:00 – 7:00 PM	27
28	29 1:00 – 3:00 PM	30 4:00 – 7:00 PM	31 1:00 – 3:00 PM 4:00 – 7:00 PM			

ALL SESSIONS SUBJECT TO CANCELLATION / TIME CHANGE

## \$20.00 PER SESSION

Coaches must have their coaching insurance on file with the ACHF and sign in prior to going on the ice.



518.452.7396